



4-DAY SCHOOL WEEK

You should have more control over your time, and your child's academic success and emotional well-being. Let's work together to find balance, so that your child's mind is rested, focused and ready to learn.

Life School is the first charter school district and one of the first districts in the greater Dallas area to implement a 4-day school week.

There are boundless benefits, and you will discover benefits all your own.

Students attend Monday-Thursday, with most Fridays off.

Explore the Benefits

- Time for family errands like the dentist or doctor;
- Time to catch up on school work or seek additional tutoring;
- Long weekends to make new memories before college;
- More time for students to earn and save for college;
- Improved well-being through a mental break;
- Fewer hours on the road or waiting in drop-off or pick-up lines

WHY DID LIFE SCHOOL INTRODUCE A 4-DAY SCHOOL WEEK?

The primary reasons were to **boost student well-being**; maintain **strong student attendance**; provide **quality instruction for students**; retain and attract **quality teachers and staff**; and **give time back to students** and staff to improve overall performance and quality of life.

WHEN DO STUDENTS ATTEND?

Students attend school **Monday-Thursday**. They are off most Fridays *with a few exceptions* that are identified on the school calendar.

DOES THE SCHOOL YEAR START EARLIER WITH A 4-DAY SCHOOL YEAR?

Yes. Under the 4-day school year calendar, school starts two days earlier.

DOES A 4-DAY SCHOOL YEAR CAUSE STUDENTS TO GO TO SCHOOL LATER IN THE YEAR?

No. The school year still ends by Memorial Day weekend.

ARE SCHOOL DAYS LONGER?

Yes. A 4-day school week extends the school days on Monday-Thursday by approximately 1 hour.

WILL FRIDAYS BECOME ONLINE SCHOOL DAYS?

No. There would be no school on Fridays.

IS A 4-DAY SCHOOL WEEK MANDATORY?

Yes. A 4-day school week applies to all students and replaces the current school schedule.

DOES A 4-DAY SCHOOL WEEK SHORTEN HOLIDAYS OR BREAKS?

No. There are no changes to existing breaks, including Fall Break, Christmas and Spring Break.

FREQUENT QUESTIONS

WHY ARE STUDENTS OUT ON FRIDAYS NOT MONDAYS?

Districts who have implemented a 4-day school week have found that Fridays off better meet the needs of students and families.

DO STUDENTS LOSE INSTRUCTION TIME?

No. Texas measures instructional time by minutes rather than days. Students will still attend school the full 75,600 minutes required by the State of Texas without sacrificing any learning time for students.

WILL TUTORING BE AVAILABLE?

Life School will offer tutoring, instructional support and acceleration opportunities up to 3 Fridays a month at various campuses.

WHAT ARE THE START AND END TIMES AT MY SCHOOL?

The bell schedules vary by campus. Approximately 1 hour will be added to the school day, with most of the time being added to the end of the day.

IS CHILDCARE AVAILABLE ON FRIDAYS?

Parents will need to make arrangements for childcare on Fridays. Life School is exploring options with our before-school and after-school partners to support interested families.

ARE MEALS AVAILABLE ON FRIDAYS?

Life School is exploring a solution for meals for families in need.

HOW DOES THIS AFFECT EXTRACURRICULAR ACTIVITIES ON FRIDAYS?

All extracurricular activities continue as normal.

HOW DOES THIS IMPACT DUAL CREDIT / EARLY COLLEGE CREDIT?

Providing Fridays off avoids disruptions to Dual Credit classes. Life School continues to partner with Dallas College for our Dual Credit courses at Life High School Oak Cliff and Navarro College for Life High School Waxahachie.

HOW DOES THIS AFFECT ACADEMIC PERFORMANCE?

Schools who have moved to a 4-day school week have shown similar academic performance compared to a 5-day school week while improving the well-being of students and staff.

Meanwhile, a 4-day school week allows more time in the school calendar for targeted assistance for students throughout the school year.

WILL STUDENTS HAVE TO MAKE UP DAYS DUE TO INCLEMENT WEATHER OR OTHER CAMPUS CLOSURES?

Two makeup days are scheduled at the end of the school year if needed. If more make-up days are needed, school will be scheduled on Fridays.

IS THIS CHANGE BEING MADE TO SAVE MONEY?

No. Cost savings are minimal.

A 4-Day School week was introduced to **boost student well-being**; maintain **strong student attendance**; provide **quality instruction for students**; retain and attract **quality teachers and staff**; and **give time back to students** and staff to improve overall performance and quality of life.

WHEN WILL A SCHOOL CALENDAR AND BELL SCHEDULES BE AVAILABLE?

The school calendar for 2023-2024 is available online at lifeschool.net/calendar. Bell schedules will be published to campus websites by January 1.



Join us at Life School for the 4-Day School Week

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